

Regulatory Announcement

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Company Group NBT PLC
TIDM NBT
Headline Holding(s) in Company
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 Group NBT PLC
 19 October 2006

GROUP NBT PLC ("Group NBT" or "the Company")

Disclosure of Material Interest in Shares

The company has received the following letter dated 17 October 2006:

Companies Act 1985, Sections 198 - 202 (as amended)

From: BlackRock Group

As at 13 October 2006 the total interest in the ordinary share capital of Group NBT held by companies within the BlackRock Group was 2,979,512 shares representing 14.56% of the Company's issued ordinary share capital. Such interests arise by reason of discretionary investment management arrangements.

Details are as follows:

Registered Holder	No of Shares	Beneficial Interest
Nutraco Nominees Limited	1,602,432	No
Other name(s)	1,377,080	No

Enquiries:

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19 October 2006

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