

Regulatory Announcement

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Company	Group NBT PLC
TIDM	NBT
Headline	Director/PDMR Shareholding
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Group NBT PLC
04 May 2006

Group NBT plc ("Group NBT" or "the Company")

Directors' Dealings

Group NBT was notified today that Keith Young, Non-executive Director, sold on 3 May 2006, a total of 750,000 ordinary shares in the Company at a price of 132 pence per share. The purpose of this transaction was to meet strong institutional demand and provide increased liquidity in the shares.

Mr Young retains a beneficial holding of 1,993,374 ordinary shares representing 10.2 % of the issued share capital.

Enquires:

Jonathan Robinson
COO, Group NBT plc
020 7015 9224

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