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TIDM NBT
Headline Director's Dealings
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Group NBT plc
 ("Group NBT" or "the Company")

Director's Dealings

Group NBT was notified yesterday that Keith Young MBE, Non-Executive Director and Deputy Chairman, sold 100,000 ordinary shares of 1 pence each ("Shares") in the Company on 24 May 2010 at a price of 275 pence per Share.

Mr Young now has a beneficial holding of 887,432 Shares representing 3.43% of the Company's issued share capital.

Group NBT plc	020 7015 9266
Raj Nagevadia Company Secretary and Finance Director	
Numis Securities Limited	020 7260 1000
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