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TIDM NBT
Headline Director's Dealings
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Group NBT plc
("Group NBT" or "the Company")

Director's Dealings

Group NBT was notified yesterday that Keith Young MBE, Non-executive Director and Deputy Chairman, sold 100,000 ordinary shares in the Company on 13 October 2009 at a price of 300 pence per share.

Mr Young now has a beneficial holding of 1,037,432 ordinary shares representing 4.08% of the Company's issued share capital.

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